

## Curriculum Vitae

***Norman Bradley Schmidt***

### GENERAL INFORMATION

University Address:



Florida State University  
Tallahassee, Florida 32306-4301

### Professional Preparation

1986-1991      *Ph.D., University of Texas at Austin, Austin Texas. Major: Psychology, Clinical Area.*

1990-1991      *Clinical Psychology Internship, Brown University Medical School, Providence, Rhode Island*

1986-1988      *M.A., University of Texas at Austin, Austin Texas. Major: Psychology, Clinical Area.*

1982-1986      *A.B., The University of Chicago, Chicago, Illinois. Major: behavioral science.*

### Post-Degree Education and Training

1991-1994      *Postdoctoral Fellow/Adjunct Assistant Professor of Psychology, The University of Texas at Austin, Austin, Texas.*

### Professional Credential(s)

1992-1997      *Licensed Psychologist – Texas #24736*

1997-1999      *Licensed Psychologist – Maryland #3424*

1999-2004      *Licensed Psychologist – Ohio #5534*

**2004-present**      *Licensed Psychologist – Florida #PY6973*

***Administrative Executive Summary***

**Chair, Department of Psychology**  
**Florida State University**

**8/2022-Present**

**Responsibilities**

As Department Chair, I oversee a department that is larger than many Colleges at FSU including approximately 65 faculty including 41 tenured/tenure-track and 24 specialized faculty, 25 staff (Admin, Advising, Biomedical Engineering, Fiscal, Grants, HR, IT), ~140 full-time graduate students, ~2000 undergraduate psychology majors plus ~500 neuroscience majors. I am responsible for administration of all aspects of the department including coordination with affiliated centers, institutes (Florida Center for Reading Research, Institute for Successful Longevity, Learning Systems Institute), and three internal clinics. I also serve as Chair for the Department of Psychology at FSU – Panama City, FL branch campus. That department offers a terminal master's degree in psychology with a Specialty in Applied Behavior Analysis (ABA).

**Key Accomplishments**

- Department current Academic Analytics Scholarly Research Index – **96.7%** (2025; only 10 departments nationally with higher rankings)
- Significantly increased Grant Proposals and Awards. For FY 2024, we ranked **#1** in College of Arts and Sciences and **#2** at FSU behind only the National High Magnetic Field Laboratory
- Successfully increased enrollment in our **Behavioral Neuroscience major** by **78%** such that it is now the 4<sup>th</sup> largest major in the College (Psychology is 2<sup>nd</sup>)
- Established a new departmental area in **Cognitive Neuroscience** by hiring new neuroimaging tenure track faculty as well as a MR Physicist
- Initiated an “**AI Bootcamp**” for Undergraduates as well as AI Workshops for Faculty
- Initiated a New Program with the Department of **Computer Science** to provide seed grants for Collaborative Projects
- Secured and Implemented a **Faculty Awards Committee** to facilitate external award nominations
- Successfully worked with **Donors** to establish one new Endowed Professorship as well as securing other philanthropic gifts
- Created a **Mentor Program** for Associate Professors to complement an existing program for Assistant Professors
- Significantly expanded or upgraded **Staffing Positions** in fiscal, grants management, and IT
- Initiated the First **Undergraduate Curriculum** review in 10 years
- Initiated a **Biannual Departmental Newsletter** sent electronically to over 13,000 Psychology Alumni

**Director of Clinical Training (Area Head), Department of Psychology 8/2005-2010**  
**Florida State University**

Responsibilities

I served as Area Head for the largest area within the department (12 faculty, approximately 100 graduate students) and was responsible for administrative oversight including the annual evaluation of students, accreditation of the program, support of students, coordination of clinical training including internship placements.

Accomplishments

- Successfully Obtained APA accreditation
- Revamped the Comprehensive Evaluation process to align with the scholar-practitioner model of the program
- Built strong collaborations with local partners to expand externships

**Founder and Director, Anxiety and Behavioral Health Clinic,** **8/2003-Present**  
**Department of Psychology, Florida State University**  
**Florida State University**

**Founder and Director, Anxiety and Stress Disorders Clinic,** **8/1998-2003**  
**Department of Psychology, Ohio State University**

Responsibilities

As a founder of two university-based clinics, I am responsible for developing and directing four interrelated missions including: (1) developing and testing novel therapeutics, (2) conducting clinical trials and other research to determine the efficacy and durability of therapeutics, (3) training the next generation of clinicians in empirically supported treatments, and (4) providing low-cost interventions for the community.

Accomplishments

- Federal and private funding of clinical trials with cumulative total of \$20M+
- Managed significant auxiliary funding including having the clinic successfully established on a university insurance panel
- Developed 20+ novel therapeutics including digital interventions that have been successfully licensed

**Other Notable Leadership and Administrative Activities**

- Selected as FSU Representative to the **Atlantic Coast Conference Academic Leaders Network** (ACC-ALN) (2024-25)
- Elizabeth Hurlock **Beckman Award** for “Professors Who Inspire” (2023)
- Chair, **Magnetic Resonance Imaging Facility** Oversight Committee (University) (2024-)
- FSU Stakeholders Operating Committee for **Behavioral Health** (University) (2023-)
- Working Group for **FSU Health** (University) (2024-25)
- **Artificial Intelligence Taskforce** (College of Arts and Sciences) (2024-)

**ADMINISTRATIVE POSITIONS**

2022-present *Chair*, Department of Psychology, Florida State University (FSU). 65 faculty including 41 tenured/tenure-track and 24 specialized faculty, 25 staff (Admin, Advising, Biomedical Engineering, Fiscal, Grants, HR, IT), ~140 full-time graduate students, ~2000 undergraduate psychology majors plus ~800 neuroscience majors. Responsible for administration of all aspects of the department including coordination with affiliated centers, institutes (Florida Center for Reading Research, Institute for Successful Longevity, Learning Systems Institute), and clinics.

2022-present *Chair*, Department of Psychology, FSU – Panama City, FL branch campus. The department offers a terminal master's degree in psychology with a Specialty in Applied Behavior Analysis (ABA) at the Panama City, FL branch campus. That program is accredited by the Association for Behavior Analysis International.

2020 *Interim Director of Clinical Training (Area Head)*, Clinical Area, Department of Psychology.

2005-2010 *Director of Clinical Training (Area Head)*, Clinical Area, Department of Psychology, Florida State University. Served as Area Head providing administrative oversight for the clinical psychology doctoral program consisting of approximately 15 faculty, clinic staff and 100 PhD students.

2003-present *Founder and Director of the Anxiety and Behavioral Health Clinic*, Department of Psychology, Florida State University. Responsible for directing a research-based training clinic in the conduct of research projects, fiscal management, clinical supervision, and provision of clinical services.

1998-2003 *Founder and Director of the Anxiety and Stress Disorders Clinic*, Department of Psychology, Ohio State University. Responsible for directing a research-based training clinic in the conduct of research projects, fiscal management, clinical supervision, and provision of clinical services.

## **Current Responsibilities and Accomplishments**

### **Faculty Development**

I'll start by noting that we lost over one-third of our faculty during my first two years as Chair. Some of these were retirements, but the vast majority were related to faculty wanting to move from Florida to Blue states. One problem with having excellent faculty is they have the flexibility to move! Just to be clear, none of the 15 faculty who left requested counteroffers and all of them had only positive things to say about our departmental culture. While this massive exodus has been extremely challenging, it has also offered the opportunity to reshape and reenvision the department.

In my first few months as Chair, I convened a retreat with our Executive committee where I challenged each of our five areas to conduct a SWOT analysis to facilitate an honest discussion about making the department better. Important outcomes came out of this meeting, including arriving at a consensus on the most promising directions we should pursue to rebuild our faculty.

I started three new programs to facilitate faculty development. First, I initiated a monthly "lunch with the Chair" meeting for all first-year professors of every rank designed to monitor, problem solve and provide professional development. Second, I created an advanced mentorship program for Associate professors to complement the existing program for Assistant Professors. Finally, I started an awards committee focused on facilitating nominations for external faculty awards.

I'm happy to report that we have been able to aggressively hire faculty so that our headcount is back to pre-pandemic levels. I am particularly excited by our stellar cohort of cognitive and behavioral neuroscientists that are poised to make exciting advances in the years to come. We remain a premier psychology department. The most recent Academic Analytics (AA) metrics indicate that only 10 departments in the country have higher AA Overall Scholarly Research Index ratings.

### **Highlighted Outcomes**

- Successfully hired 15 tenure line faculty (average startup: 800k)
- Restructured and Expanded Grants, Fiscal, and IT staffing as well as Research Support Faculty (MR Physicist) to better support faculty (22 new Staff and Research Faculty hires)
- Created a new strength in Cognitive Neuroscience
- Instituted a Mentorship program for Associate Professors
- Started a Faculty Awards Committee to facilitate External Awards

### **Student Success**

Undergraduate students remain central to our mission, even with the research-intensive agenda of a R1 university. Our department delivers nearly 55,000 undergraduate credit hours each year and meeting this demand with high-quality course offerings has been an ongoing challenge that previously led to last-minute reliance on adjunct instructors. I

successfully secured a substantial increase in full-time Teaching Faculty lines, giving us the largest and strongest teaching-focused cohort in the department's history. To enhance instructional quality and consistency, I instituted monthly pedagogy seminars for graduate student instructors run by seasoned Teaching Faculty, expanded the sharing of syllabi and instructional materials, implemented more systematic peer observation of teaching, and began providing instructors with comparative grade distributions across related course sections.

I'll also highlight that our Neuroscience major is relatively new and has grown by 78% since I took over as Chair. Neuroscience is now the fourth largest major in the College. This has required us to define and overcome bottlenecks, refine our curriculum, work with outside units like Biology, and streamline some requirements to accommodate growth and allow students to make timely progress. Fortunately, we have successfully advocated for the necessary resources to meet the needs of these students.

The last area I would like to mention is that I think we have been quite progressive with respect to educating our students about AI in the department. We surveyed our students and found that many lacked knowledge about AI and were fearful about using it. As a result, we now conduct monthly AI seminars (also open to faculty but mainly attended by students) that cover basic information and practical skills. In addition, I established weekly "AI Office Hours" that anyone can attend to get any AI related questions answered.

### **Highlighted Outcomes**

- Deliver approximately **55,000** Undergraduate credit hours annually
- Successfully increased enrollment in our Behavioral Neuroscience major by approximately **80%** over the past 4 years
- Doubled Teaching Faculty as well as Academic Advisor positions
- Initiated the First UG Curriculum review in 10 years
- Initiated Weekly "AI Office Hours"
- PhD Productivity (**93%**) (Wapman et al *Nature* 2022)
- PhD Prestige (**85%**) (Wapman et al *Nature* 2022)

### **Scholarship and Innovation**

Faculty at R1 institutions should be able to devote their energy to doing science rather than navigating bureaucracy or carrying overwhelming teaching loads. Historically, inadequate staffing, particularly in grants management, has been one of most significant constraints of our research enterprise. In response, I restructured and strengthened our grants, fiscal, and IT staffing, as well as upgrading our computing infrastructure. In tandem, I have significantly increased our specialized faculty which has increased flexibility in teaching assignments and enabled our tenure line faculty to concentrate their more advanced graduate level courses in order to protect time for research.

Expanding interdisciplinary collaboration has also been one of my central priorities. I have helped establish new partnerships with the Colleges of Nursing and Medicine, and considering the department's recent investments in Cognitive Neuroscience, have worked

to deepen connections with Computer Science. To catalyze these collaborations, I organized a “Speed Networking” event several years ago and launched a competitive seed grant program that required each team to include a PI from both Psychology and Computer Science.

Building a strong, supportive culture with clear expectations around extramural funding is essential at any R1 university. Our department has long been a leader in this area, and this past fiscal year we ranked first in the College of Arts in the number of proposals submitted (55), total funds requested (60M), and total awards received (11M). Notably, our FY2024 awards increased by nearly 30% relative to FY2023.

### **Highlighted Outcomes**

- Created New interdisciplinary grants with Colleges of Nursing and Medicine and Department of Computer Science
- Current Academic Analytics Scholarly Research Index – **96.7%** (only 10 Psychology departments with higher rankings)
- National Science Foundation HERD Research Expenditures (**Ranked #15 nationally**)
- FSU Proposals and Awards FY 2024 (**#1** in College of Arts and Sciences)
  - FY2024 Total awards Submitted: 60M
  - FY2024 Total awards Received: 11M
  - FY2024 awards **increased by nearly 30%** relative to FY2023

### **Advancement and Outreach**

Marketing and building external relationships have never been more essential as the value proposition of universities has become increasingly scrutinized. For a department Chair or Dean, philanthropy and outreach are critical particularly when the funding environment is insufficient and volatile. Philanthropy allows a department or College to increase durable capacity: it funds opportunities that are strategically vital and protects the academic mission from the whims of economic cycles and institutional reallocations.

Donors do not fund departments or colleges in the abstract, the fund outcomes they understand and care about. A Chair or Dean plays a pivotal translating role, connecting the department’s scholarly strengths into tangible outcomes that matter in the community, the country and the world. This requires articulation of priorities and building support that is ethically sound and academically honest.

Outreach is the other half of the same equation, because it builds trust, relevance, and relationships that make philanthropy possible. Universities are embedded in communities, industries, school and health systems, and civic life. When outreach is prioritized, it creates channels through which academic expertise improves the world and becomes visible to non-academic stakeholders.

### **Highlighted Outcomes**

- Manage 28 Foundation Projects

- Facilitated several new Gifts to the Department including an Endowed Chair
- **Created new Donation linkages** for individual labs and clinics
- **Initiated a new Biannual Newsletter sent to 13,000 Department Alumni**
- **Outreach activities are now included in Annual Reviews**

### **Leadership Philosophy**

Since beginning as Chair, I have tried to take advantage of a number of training opportunities related to leadership. Of these, I think my natural leadership style is best captured by the ideas described by people like Urs Koenig as “Radical Humility.” The main tenants of this style include leading like a compass such that a leader’s task is to define a common goal, empower your team, and get out of way to allow them to innovate. A second component that’s consistent with my training and experience as a clinical psychologist is to be “tough on outcomes, but tender on people.” This involves holding high standards regarding optimal outcomes while at the same time building trusting relationships that will enhance team performance. The final element is building a fearless culture where faculty and staff feel safe to take calculated risks and are open to discussing shortcomings, problems, and failures.

Humility in leadership does not mean being a pushover or lacking confidence. It’s about recognizing that you don’t have all the answers and that the team has valuable contributions to make. It’s also about fostering a culture where ideas can flow freely and where mistakes are viewed as learning opportunities rather than failures.

In summary, my leadership style focuses on the mission and team over my own needs. I am explicit about my own limitations and view feedback and dissent as essential rather than threats. I believe it is critical to use positional authority sparingly, lead through listening and service, and make a point of sharing credit while taking responsibility when things go wrong.

### Current Responsibilities:

#### **Fiscal**

- Oversight of department budgets: Base OPS (2M), SRAD (2.5M), and Other (.5M)
- Oversight of Annual SRAD allocation to Dept (ranges from 500-700k)
- Oversight of Dept Personnel Budget (~1M/month)
- Oversight of Annual Departmental Grant Expenditures (10-11M)
- Negotiate and Manage Startup Packages (Average startup (~800k))
- Coordination of Interdisciplinary Neuroscience Program (Biology, College of Medicine)
- Coordination of Psychology-related Centers and Institutes (Florida Center for Reading Research, Institute for Successful Longevity)
- Coordinate with the College on advancement/fundraising related to the Department
- Oversee comprehensive curriculum for undergraduate and graduate programs

- Ensure excellence in the teaching mission of the department
- Oversee faculty development and advancement
- Responsible for department review for promotion and/or tenure cases and chair's evaluation of the case
- Annual evaluation of all faculty
- Negotiate faculty hiring and retention packages
- Oversee allocation, use, and maintenance of department's physical space
- Review and resolve student, faculty, and staff concerns

#### Current Committees

- Chair, Executive Committee (Dept)
- Chair, IT Committee (Dept)
- Chair, Space Committee (Dept)
- Member, FSU Stakeholders Operating Committee for Behavioral Health (University)
- Chair, Magnetic Resonance Imaging Facility Oversight Committee (University)
- Member, Science Area Chairs Committee (College)
- Member, Working Group for FSU Health (University)
- Member, AI Taskforce (College)

#### **Leadership Related Training and Activities**

Summer 2022-	Member Council of Graduate Departments of Psychology (COGDOP)
Fall 2022	State University System Deans and Chairs Workshop sponsored by the <i>Institute for Academic Leadership</i> Workshop Part I
Fall 2022	Workshop and training in Academic Analytics
2022-	Academic Leaders Program directed by VP Janet Kistner (FSU)
2022-	Deans and Chairs Group Meetings (FSU)
2022-2023	Completed the Emerging Leaders Program directed by Dr. Norman Anderson, VP Academic Affairs (FSU)
Spring 2023	State University System Deans and Chairs Workshop sponsored by the <i>Institute for Academic Leadership</i> Workshop Part II
2024	Orpheus Leadership Institute
2024	U54 Faculty Mentoring Workshop
2024-25	Selected as FSU Representative to the Atlantic Coast Conference Academic Leaders Network (ACC-ALN)

2025                   Leading Organizational Change Workshop

### **Academic Progression**

2022-present    *Chair – Psychology, Arts and Sciences, Florida State University.*

2013-present    *Distinguished Research Professor – Psychology, Arts and Sciences, Florida State University.*

2003-present    *Professor – Psychology, Arts and Sciences, Florida State University.*  
Responsible for conducting research, supervision of clinical training and teaching doctoral students in clinical psychology as well as undergraduates.

1998-2003       *Associate Professor – Psychology, Arts and Sciences, The Ohio State University.* Responsible for conducting research, supervision of clinical training and teaching doctoral students in clinical psychology as well as undergraduates.

1994-1998       *Assistant Professor – Medical and Clinical Psychology, Department of Medical and Clinical Psychology, Uniformed Services University of the Health Sciences.* Responsible for conducting research, supervision of clinical training and teaching doctoral students in clinical and health psychology.

1991-1994       *Postdoctoral Fellow/Research Assistant Professor of Psychology, Department of Psychology, The University of Texas at Austin.* Responsible for conducting research as well as directing the departmental clinical practicum for doctoral students in clinical psychology.

### **Honors, Awards, and Prizes**

ACC Academic Leaders Network (2024)  
Elizabeth Hurlock Beckman Award for “Professors Who Inspire” (2023)  
Mentor Award, Association for Behavioral and Cognitive Therapies. (2019)  
Fellow, Association for Behavioral and Cognitive Therapies. (2015)  
Distinguished Research Professor, Florida State University (2013)  
Fellow, Association for Psychological Science. (2013)  
Graduate Faculty Mentor Award, Florida State University (2010)  
Fellow, American Psychological Association, Division 12 – Clinical Psychology. (2006)  
Distinguished Scientific Award for Early Career Contribution to Psychology in the Area of Applied Research, American Psychological Association (2001)  
Fred Brown Research Award, The Ohio State University, Department of Psychology (1999)

## **RESEARCH AND ORIGINAL CREATIVE WORK**

### **Program of Research and/or Focus of Original Creative Work**

My work focuses on the nature, causes, treatment, and prevention of anxiety psychopathology. As such, my laboratory investigates biobehavioral parameters that affect the generation and maintenance of anxiety pathology with the hope that findings from these studies as well as work from more basic areas of psychology can provide a basis for the development and evaluation of preventative and treatment interventions for those suffering from anxiety-related conditions.

### **Research Support**

#### **Contracts and Grants**

Current/Recent Awards (n = 8) Total **Current/Recent Awards: approx. \$13M**

Schmidt, N.B. (Co-I). Evaluation of a brief, scalable module to mitigate suicidal ideation among youth. NIH-NIMH. (R61MH13700). (9/2024 – 7/2026). Total Award: \$948,325.

Schmidt, N.B. (Co-I). The virtual reality consortium for training development for law enforcement. Department of Justice, Bureau of Justice Assistance). (15PBJA-23-GK-06160-VIRT). (10/2024 – 09/2027). Total Award: \$4,000,000.

Schmidt, N.B. Development and Evaluation of a Novel Digital Therapeutic for Adults with Post-Traumatic Stress Disorder. NIH-NIMH. (R44MH136888-01). (7/12023-12/31/2027). SBIR/STTR grant with Oui Therapeutics \$2,200,460. FSU subaward: \$884,864.

Schmidt, N.B. (PI). American Psychological Association HBCU Summer Scholars Program. Tides Foundation (TF2403-119883). (4/2024-3/2025). Total Award: \$20,000.

Schmidt, N.B. (PI). Randomized Clinical Trial of a Brief, Anxiety Intervention for Mild Cognitive Impairment/mild Alzheimer's Disease and their Care Providers. NIH-NIA. RO1AG077569-01A1 (1/12023-12/31/2027). Total award: \$3,752,501.

Schmidt, N.B. (Co-I). A Neurosensory Account of Posttraumatic Stress Disorder (1R01MH132209-01). NIH - National Institute of Mental Health. (1/1/2023-10/30/2027). Total Award: \$1,907,410.

Schmidt, N.B. (Co-I). Deficient inhibition underlies salience network hyperactivity in stress and anxiety (1R21MH1264799-01A1). NIH - National Institute of Mental Health. (2/1/22-1/31/24). Total Award: \$238,293.

Schmidt, N.B. (PI). Combating Social Isolation in Older Adults: Randomized Clinical Trial Evaluating the Acceptability and Efficacy of a Brief, Technology Delivered Intervention. Funded by the Retirement Research Foundation – Foundation for Aging. (6/1/22-5/31/24). Total award: \$91,043.

Prior Awards (n = 49) **Total Prior Awards: approx. \$20M**

Funding Agencies: US Air Force, New Jersey Center on Gun Violence Research, Charleston Health Equity and Rural Outreach Innovation Center (HEROIC) Pilot Award, Veterans Administration Clinical Science Research and Development (CSR&D), National Institute of Mental Health, U.S. Army, National Institute on Drug Abuse, American Foundation for Suicide Prevention, James and Esther King Biomedical Research Program, Obsessive Compulsive Foundation, I.C.E. Project, Population Health Research, Ohio Department of Mental Health, Coca Cola Faculty Grants for Research on Women and Gender, Ameritech Faculty Research Grant Competition, Department of Defense.

**NIMH Sponsored Predoctoral Fellowships**

Current/Recent (n = 4) **Current/Recent Awards: approx. \$250k**

Garcia, J. R. (PI), Schmidt, N.B. (Sponsor), & Hermiller, M. (Co-sponsor) The relationship between framing and hypervigilance in ambiguous situations (5T32MH093311-13). Funded by the National Institute of Mental Health Integrated Clinical Neuroscience Training for Translational Research; predoctoral fellowship (08/2024-08/2026). Total award: (\$30,224).

Karnick, A. (PI) Capron, D. (Sponsor) & Schmidt, N.B. (Co-Sponsor). Linking neural mechanisms of emotion and attention with naturalistic trauma symptom experience: An event-related potential and ecological momentary assessment study (1 F31 MH133323-01). Funded by the National Institute of Mental Health; NRSA predoctoral fellowship (3/2023-2/2025). Total award: \$100,388.

Morabito, D. (PI) & Schmidt, N.B. (Sponsor). *A Multi-Method Investigation of Tonic Immobility and Implications for Trauma-Related Disorders* (1F31MH129074-01A1). Funded by the National Institute of Mental Health; NRSA predoctoral fellowship (11/2022-12/2024). Total award: \$77,118.

Bedford, C. (PI), Schmidt, N.B. (Sponsor), & Nee, D. (Co-sponsor). Testing a causal model of cognitive control deficits in PTSD: A Transcranial Magnetic Stimulation Study. (T32MH093311-11). Funded by the National Institute of Mental Health Integrated Clinical Neuroscience Training for Translational Research; predoctoral fellowship (08/2022-08/2024). Total award: (\$55,400).

**Total Sponsored Training Grants: 19; F31s = 14 T32 = 4) Total Awards: Approx 1M**

**Publications<sup>#,s</sup>**

<sup>#</sup> Research and original creative work that occurred before employment at FSU.

<sup>s</sup>Designates one of my students.

(Google Scholar: current h-index = 106; i10-index = 482; overall cites > 41000)  
(Among 460,000 US Scholars: h-index Ranked top 0.9% (i-10 index Ranked Top 0.3%  
and overall citation index ranked Top 1.6%)  
<https://www.adscientificindex.com/scientist/norman-b-schmidt/1337760>

ORCID: 0000-0003-4125-9601

## Total Refereed Journal Articles (566)

### Contributions to Science

1. *Development and Evaluation of Interventions for Anxiety and related forms of Psychopathology.* I began my study of psychosocial treatments for anxiety in the mid-1980s when cognitive behavioral therapy (CBT) for anxiety was nascent and its efficacy was relatively unknown. Now CBT is recognized as a first-line treatment for anxiety psychopathology. An important contribution from my lab has been to develop, refine, and evaluate the efficacy of CBT for various anxiety conditions (Schmidt & Woolaway-Bickel, 2000; Schmidt et al., 2000). More recently, we have explored novel methods of intervention for anxiety such as through cognitive bias modification (Schmidt et al., 2009; Capron & Schmidt, 2016) as well as the use of technology for the delivery of skill-based interventions (Capron & Schmidt, 2016).

**Schmidt, N.B.**, <sup>s</sup>Richey, J.A., <sup>s</sup>Buckner, J.D., & <sup>s</sup>Timpano, K.R. (2009). Attention training for Generalized Social Anxiety Disorder. *Journal of Abnormal Psychology*, 118, 5-14.

**Schmidt, N.B.**, & <sup>s</sup>Woolaway-Bickel, K. (2000). The effects of treatment compliance on outcome in cognitive-behavioral therapy for panic disorder: Quality versus quantity. *Journal of Consulting and Clinical Psychology*, 68, 13-18.

**Schmidt, N.B.**, <sup>s</sup>Woolaway-Bickel, K., <sup>s</sup>Trakowski, J., <sup>s</sup>Santiago, H., <sup>s</sup>Storey, J., <sup>s</sup>Koselka, M., & <sup>s</sup>Cook, J. (2000). Dismantling cognitive-behavioral treatment for panic disorder: Questioning the utility of breathing retraining. *Journal of Consulting and Clinical Psychology*, 68, 417-424.

<sup>s</sup>Capron, D.W., & **Schmidt, N.B.** (2016). Development and evaluation of a novel computer-delivered anxiety sensitivity intervention. *Behaviour Research and Therapy*, 81, 47-55.

2. *Establishing Anxiety Sensitivity as a Risk factor for Psychopathology.* I am probably most well-known for my work on Anxiety Sensitivity (AS) including a series of papers based on three major prospective studies establishing AS as a causal risk factor for panic (e.g., Lerew, Schmidt & Jackson, 1999; Schmidt, 1999; Schmidt & Lerew, 1998; Schmidt, Lerew & Jackson, 1997, 1999; Schmidt, Zvolensky & Maner, 2006). These were the first large-scale (ns = 1,401, 1,296 & 404), longitudinal studies of AS - trait that reflects individual differences in sensitivity to stress and anxiety symptoms. These studies were the first to provide convincing evidence that elevated AS is a risk factor for the later occurrence of panic attacks, for the later occurrence of multiple panic attacks, as well as for the later development of worry about panic attacks, functional impairment related to panic attacks and anxiety disorder diagnoses. These studies are important as they both enhance our

theoretical understanding of the etiology of anxiety psychopathology and provide an empirical foundation for identifying individuals at high risk for developing panic so that we can begin to design and implement preventative interventions. Notably, AS is now indicated as a risk factor for panic in the DSM-5 as well as being represented in the RDoC matrix.

**Schmidt, N.B.**, <sup>s</sup>Lerew, D.R., & Jackson, R.J. (1997). The role of anxiety sensitivity in the pathogenesis of panic: Prospective evaluation of spontaneous panic attacks during acute stress. *Journal of Abnormal Psychology*, 106, 355-364.

**Schmidt, N.B.**, <sup>s</sup>Lerew, D.R., & Jackson, R.J. (1999). Prospective evaluation of anxiety sensitivity in the pathogenesis of panic: Replication and extension. *Journal of Abnormal Psychology*, 108, 532-537.

**Schmidt, N. B.**, Zvolensky, M.J., & Maner, J.K. (2006). Anxiety sensitivity: Prospective prediction of panic attacks and Axis I pathology. *Journal of Psychiatric Research*, 40, 691-699.

3. *Risk Mechanisms for Anxiety.* Our group has also made important contributions to understanding the importance of other mechanisms for anxiety psychopathology. Some highlights from this line of work include the evaluation of interoceptive awareness (i.e., body vigilance) and interoceptive extinction. Our group was one of the first to examine the singular and interactive influence of candidate genes and psychological risks for anxiety (Schmidt et al., 2000). More recently, we have begun to focus attention on other purported transdiagnostic risk factors including Intolerance of Uncertainty and Distress Tolerance.

**Schmidt, N.B.**, Telch, M.J., & Jaimez, T.L. (1996). Biological challenge manipulation of PCO<sub>2</sub> levels: A test of Klein's suffocation alarm theory of panic. *Journal of Abnormal Psychology*, 105, 446-454.

**Schmidt, N.B.**, <sup>s</sup>Lerew, D., & <sup>s</sup>Trakowski, J.J. (1997). Body vigilance in panic disorder: Evaluating attention to bodily perturbations. *Journal of Consulting and Clinical Psychology*, 65, 214-220.

**Schmidt, N.B.**, <sup>s</sup>Trakowski, J. H., & Staab, J. P. (1997). Extinction of panicogenic effects of a 35% CO<sub>2</sub> challenge in patients with panic disorder. *Journal of Abnormal Psychology*, 106, 630-638.

**Schmidt, N.B.**, <sup>s</sup>Storey, J., Greenberg, B.D., <sup>s</sup>Santiago, H.T., Li, Q., & Murphy, D.L. (2000). Evaluating gene x psychological risk factor effects in the pathogenesis of anxiety: A new model approach. *Journal of Abnormal Psychology*, 109, 308-320.

4. *Delineating the Interplay between Anxiety and Co-occurring Conditions such as Addiction and Cognitive Impairment.* Anxiety psychopathology frequently co-occurs with other psychiatric and medical conditions. Our group has made important contributions to understanding the relationships between anxiety and a variety of substances including nicotine, cannabis and alcohol. More recently, we have turned our attention to the interplay between anxiety and the development of cognitive impairment including dementia. One highlight from this line of work is that our group was among the first to describe the complex interplay between panic and smoking, which we have explored in dozens of empirical papers.

<sup>s</sup>Allan, N.P., <sup>s</sup>Albanese, B.J., <sup>s</sup>Norr, A.N., Zvolensky, M.J., & **Schmidt, N.B.** (2015). Effects of anxiety sensitivity on alcohol problems: Evaluating chained mediation through generalized anxiety, depression, and drinking motives. *Addiction*, 110, 260-268.

<sup>s</sup>Buckner, J.D., <sup>s</sup>Keough, M.E., & **Schmidt, N.B.** (2007). Problematic alcohol and cannabis use among young adults: The roles of depression and discomfort and distress tolerance. *Addictive Behaviors*, 32, 1957-1963.

**Schmidt, N.B.**, <sup>s</sup>Raines, A.M., <sup>s</sup>Allan, N.P., & Zvolensky, M.J. (2016). Anxiety sensitivity risk reduction in smokers: A randomized controlled trial examining effects on panic. *Behaviour Research and Therapy*, 77, 138-146.

Zvolensky, M.J., **Schmidt, N.B.**, & Stewart, S.H. (2003). Panic disorder and smoking. *Clinical Psychology: Science and Practice*, 10, 29-51.

<sup>s</sup>denotes graduate student or mentee

### **Books and Published Treatment Manuals**

Raines, A. M., Boffa, J. W., Goodson, J. T., Franklin, C. L., & **Schmidt, N. B.** (2021). An All-Encompassing Approach to Treating Anxiety and Related Disorders: A Safety Aid Reduction Treatment Manual. Published by the Department of Veterans Affairs, South Central Mental Illness Research Education, and Clinical Center (MIRECC).

**Schmidt, N.B.**, Kotov, R., & Joiner, T.E., Jr. (2004). *Taxometrics: Toward a new diagnostic scheme for psychopathology*. Washington, DC. American Psychological Association.

#Sammons, M.T. & **Schmidt, N.B.** (2001). *Combined treatments for mental disorders: A guide to psychological and pharmacological interventions*. Washington DC: American Psychological Association.

### **Invited Book Chapters (23)**

### **Invited Journal Articles (6)**

#### **Technology Transfer Activity**

#### **Registered Copyrighted Materials** (through FSU)

*Computerized Anxiety Sensitivity Reduction* Date of Registration: Sept. 9, 2015  
Registration Number: PAu 3-799-341

*Healthy Lifestyle Skills* Date of Registration: in progress

### **Presentations**

### **Invited Keynote and Plenary Presentations at Conferences (3)**

#### **Invited Presentations (12)**

##### **Refereed Presentations at Conferences**

Approximately **650 refereed presentations** at conferences, 98% were international, and 2% were regional in scope.

#### **Invited Lectures at Universities (27)**

##### **SERVICE**

###### **Florida State University**

# Service activities that occurred before employment at FSU.

##### **University**

#Committee Member, Office of International Studies Grant Review – faculty proposals, (2001) OSU.

#Committee Member, Office of International Studies Grant Review – student proposals, (2001) OSU.

#Committee Member, OSU/Ameritech Grant Review Committee, (2001) OSU.

#Committee Member, Graduate School Fellowship Selection Committee, (2002-2003) OSU.

Council on Research and Creativity (CRC) Planning Grant Reviewer (2013)

University Internal Review Board (IRB) (2013-2019)

Review Committee for Distinguished Research Professors (2014)

Search Committee, Chair Internal Review Board (2019)

Search Committee, Chief Clinical Research Officer (2021)

*Current*

Chair, Magnetic Resonance Imaging Facility Oversight Committee (2022-)

Member, FSU Stakeholders Operating Committee for Behavioral Health (2022-)

Member, Academic Leaders Group (ALG) (2022-)

Member, FSU Behavioral Health Development Group (2024-)

##### **College of Arts and Sciences**

Committee Member, College Teaching Fellowship Committee, (2007-2008).

Committee Member, CoM Faculty Search Committee, (2007-2008)

Chair, Psychology Department Chair Search Committee, (2008)

Faculty Senator, (2010-13)

External Member, Chair Search Committee – Statistics (2016)

*Current*

Member, Science Area Chairs (2022-)  
Member, Task Force on Artificial Intelligence Use (2024-)

**Department**

#Committee Member, Teaching Committee, (1998-2000). OSU  
#Committee Member, Psychology Clinic Committee, (1998-2002). OSU  
#Committee Member, Promotion and Tenure Committee, (2002). OSU  
Committee Member, Technology Committee, (2003-2004)  
Committee Member, Faculty Development Committee, (2004-2005)  
Committee Member, Executive Committee, (2007-2009)  
Committee Member, Graduate Research Day (2011)  
Committee Member, Space Committee (2011)  
Committee Member, Graduate Research Day (2015)  
Chair, Graduate Research Day (2016)  
*Current*  
Chair, Executive Committee (2022-)  
Member, Space Committee (2022-  
Member, IT Committee (2022-)  
Chair, Conradi Search Committee (2024-)

**The Profession**

**Guest Editing for Refereed Journals**

*Journal of Occupational Rehabilitation*, 1998

Editor, special issue on “The Role of Anxiety and Anxiety-related Risk Factors in the Modulation of Symptoms and Functional Outcomes related to Rehabilitation.”

*Journal of Occupational Rehabilitation*, 1998, 8 (3).

*Journal of Anxiety Disorders*, 2004

Editor, with Michael Zvolensky, special issue on “Anxiety and Substance Use Disorders.”

*Journal of Anxiety Disorders*, 2004, 18 (1).

*Journal of Cognitive Psychotherapy*, 2005

Editor, special issue on “Combined Psychotherapy and Medications for Anxiety.”

*Journal of Cognitive Psychotherapy*, 2005, 19, (4).

*Behavior Modification*, 2006

Editor, with Michael Zvolensky, special issues on “Risk and Prevention of Anxiety Pathology.”

*Behavior Modification*, 2007, January and March issues.

*Behavior Therapy*, 2010

Editor, Special Series on “Innovative Treatments for Anxiety Psychopathology.”

*Current Opinion in Psychology*, 2024

Editor, Special Series on “Nudges and Motivation”

### **Editorial Board Membership(s)**

Editorial Board Member, *Health Psychology*, 1996-1999

Editorial Board Member, *Journal of Abnormal Psychology*, 1999-

Editorial Board Member, *International Journal of Occupation and Mental Health*, 1999-2000

Editorial Board Member, *Behavior Therapy*, 2001-

Editorial Board Member, *Journal of Psychopathology and Behavioral Assessment*, 2002-

Editorial Board Member, *Cognitive Behaviour Therapy*, 2002-

Editorial Board Member, *Journal of Cognitive Psychotherapy*, 2003-

Editorial Board Member, *Journal of Anxiety Disorders*, 2004-

Editorial Board Member, *Cognitive and Behavioral Practice*, 2005-

Editorial Board Member, *Revista de Psicopatología y Psicología Clínica* 2006-

[*Journal of Psychopathology and Clinical Psychology*]

Editorial Board Member, *International Journal of Cognitive Therapy* 2007-

Editorial Board Member, *Current Opinion in Psychology* 2015-2025

Academic Editor, *PLOS One* 2018-2022

### **Ad Hoc/Guest Reviewer for Refereed Journals (n = 97 different journals)**

### **Reviewer or Panelist for Grant Applications**

Member, NIH - NIMH Special Emphasis Panel – Pathological Gambling (1999)

External Referee, Nova Scotia Health Research Foundation (2001)

Reviewer, NIH – NIMH Review Panel – ZMH1 ITV-D Interventions Research Review (2002)

Reviewer, APA Science Directorate, Dissertation Awards (2002)

External Referee, Nova Scotia Health Research Foundation (2003)

Reviewer, NIH-NIMH Review Panel – RO3 B-Start (2003)  
Member, NIH-NIMH Special Emphasis Panel – Mental Disorders Treatment Research (2003) Member, NIH-NIMH Special Emphasis Panel – Therapy and Panic Disorders (2003)  
Reviewer, NIH – NIMH Review Panel – ITV Interventions Research Review (2004)  
Member, NIH – NIMH Special Emphasis Panel – Interventions Conflict (2004)  
Member, NIH – NIMH Review Panel – ITV Interventions Research Review (2005)  
Reviewer, NIH – NIMH Special Emphasis Panel – ITV Related Topics (2005)  
Reviewer, NIH-NIMH Review Panel – RO3 B-Start (2005)  
Reviewer, NIH Review Panel – Adult Psychopathology and Disorders of Aging SRG (2006)  
Reviewer, NIH-NIMH Review Panel – ZRG1 BBBP-G (60) (S) Mood, Eating, and Impulsivity Disorders (2006)  
Reviewer, United States-Israel Binational Science Foundation (BSF) (2008)  
Reviewer, Israel Science Foundation (2009)  
Reviewer, NIH – NIMH Special Emphasis Panel/ Scientific Review Group ZMH1 ERB-D (2009)  
Reviewer, Research Growth Committee - University of Wisconsin – Milwaukee (2010)  
Reviewer, University of Houston GEAR Grants (2010)  
Chairperson and Reviewer, NIH-NIMH Review Panel – SEP - ITVA Conflicts 2011 ZMH1 ERB-F 03 S (2011)  
Reviewer, German-Israeli Foundation for Scientific Research and Development (2011)  
Reviewer, The Netherlands Organisation for Health Research and Development (ZonMw) (2011)  
Reviewer, Research Growth Committee - University of Wisconsin – Milwaukee (2012)  
External Reviewer, MD Anderson CPRTP Predoctoral Fellowships (2013)  
Reviewer, Israel Science Foundation (2013)  
Reviewer, Chief Scientist Office Grant Review – Scotland (2013)  
Reviewer, Department of Veterans Affairs - Merit Review Subcommittee for Mental Health and Behavioral Sciences-A (2014)  
Reviewer, The Icelandic Research Fund (2014)  
Panel Member, Methusalem Program – Leuven, Belgium (2015)  
Reviewer, NIH-NIMH Review Panel Confirmatory Efficacy Clinical Trials of Non-Pharmacological Interventions for Mental Disorders (2015)  
Reviewer, NIH – NIMH Special Emphasis Panel/ Interventions/Biomarkers ZMH1 ERB-D (2016)  
Reviewer, Baker Research Proposals, Ohio University (2016)  
Reviewer, NIH – NIMH Special Emphasis Panel/ Interventions/Biomarkers ZMH1 ERB-B (2017)  
Reviewer, NIH – NIMH Special Emphasis Panel/ Confirmatory Efficacy Clinical Trials of Non-Pharmacological Interventions for Mental Disorders ZMH1 ERB-B (2017)  
Reviewer, NIH – NIMH Adult Psychopathology and Disorders of Aging (APDA) (2018)  
Reviewer, Austrian Academy of Sciences – Doctoral Fellowship Programme (2018)  
Reviewer, NIH – NIMH Special Emphasis Panel/ Clinical Trials designed to Test Effectiveness ZMH1 ERB-B (05) (2018)  
Reviewer, VA – HSN2 Innovation Initiative Panel 2 (2019)

Member, Department of Veterans Affairs, Health Services Research and Development Service Scientific Merit Review Board (2019-2023)  
Reviewer, Research Proposals, United Arab Emirates University (2019)  
Reviewer, NIH – NIMH Psychosocial Treatment Development ZMH1 ERB-D (2019)  
Reviewer, Insight Grants. Social Sciences and Humanities Research Council of Canada (2019)  
Member, International OCD Foundation (IOCDF) Research Grant Awards (2020)  
Reviewer, European Science Foundation (ESF) Research Foundation Flanders (FWO) (2020)  
Member, European Science Foundation (ESF) College of Expert Reviewers (2021)  
Reviewer, Swiss National Science Foundation (2021)  
Reviewer, Netherlands Organization for Scientific Research (NWO) Gravational Programme (2021)  
Reviewer, The University of Mississippi Achieving Equity Grants (2022)  
Reviewer, AGAUR Government of Catalonia, Catalon Research Group (2022)  
Reviewer, European Science Foundation, Junior and Senior Research Projects of the Research Foundation Flanders (2022)  
Reviewer, Wellcome Trust, Research Grant Awards (2022)  
Reviewer, Alzheimer's Association Research Grants (2023)  
Reviewer, Science Fund Republic of Serbia, PRISMA Grants (2023)  
Reviewer, European Science Foundation, Postdoctoral Fellowships (2024)  
Reviewer, International OCD Foundation (2024)  
Reviewer, The Education University of Hong Kong Research Grants (2024)  
Reviewer, European Science Foundation FWO-Excellence Prize (2025)  
Reviewer, Education University of Hong Kong - Humanities and Social Sciences Prestigious Fellowship Scheme (2025)  
Reviewer, Fund for Scientific Research-FNRS (F.R.S.-FNRS) Belgium (2025)

### **Service to Professional Associations**

Member, Program Committee - Association for Advancement of Behavior Therapy (1999)  
Secretary/Treasurer – AABT, Anxiety Disorders Special Interest Group (2002-2003)  
Member, Academy of Psychological Clinical Science – Task force on Dissemination of Empirically Supported Treatments (2005)  
Reviewer, American Psychiatric Association Practice Guidelines for Panic Disorder (2007)  
Reviewer, Academy of Psychological Clinical Science (2009)  
Reviewer, World Congress of Behavioral and Cognitive Therapies (2009)  
Chair, ABCT Media Productions Committee, Association for Behavioral and Cognitive Therapies (2009-12)  
Member, Program Committee, ABCT 2010 National Convention  
Member, Program Committee, ABCT 2011 National Convention  
Member, Program Committee, ABCT 2012 National Convention  
Member, Program Committee, ABCT 2013 National Convention  
Reviewer, Program Committee, ADAA 2014 National Convention  
Scientific Chair, Second International Congress on Anxiety, Tehran, Iran. (2014)

Reviewer, American Psychological Association Mental Health Phone Applications (2014)  
Member, Program Committee, ABCT 2014 National Convention  
Member, Program Committee, ABCT 2015 National Convention  
Reviewer, Program Committee, ADAA 2015 National Convention  
Member, Program Committee, ABCT 2016 National Convention  
Reviewer, Program Committee, ADAA 2016 National Convention  
Member, Program Committee, ABCT 2017 National Convention  
Member, Program Committee, ABCT 2018 National Convention  
Member, Program Committee, ABCT 2019 National Convention  
Member, Program Committee, ABCT 2020 National Convention  
Board of Directors, Council of Graduate Departments of (2023-)

### **Other Universities**

#### **Service to Other Universities**

*External Letter Writer/ External Dissertation Examiner (27)*

#### **Current Membership in Professional Organizations**

*Association for Behavioral and Cognitive Therapies*

*Anxiety Disorders Association of America*

*Association for Psychological Science*

### **TEACHING**

#### **Courses Taught**

*#Course Director: Behavioral Medicine Seminar*

*#Course Director: Clinical Psychology Grand Rounds*

*# Course Director: Advanced Practicum in Cognitive-behavioral Therapy*

*# Practicum in Clinical Psychology: Adult*

*# Theoretical Foundations of Intervention: Cognitive Behavioral Therapy*

*# Psychopathology*

*# Professional Ethics in Psychology*

*# Advanced Interviewing and Behavioral Assessment*

*# Advanced Training in Cognitive Behavioral Treatment*

*# Abnormal Psychology*

*# Psychopathology*

*#Teaching activities that occurred before employment at FSU.*

*Clinical Psychology Evaluation (CLP5941)*

*Clinical Psychology Evaluation (CLP5942)*

*Abnormal Psychology (CLP6169)*  
*Adult Psychopathology (CLP6169)*  
*Issues in Clinical Psychology (CLP6920)*  
*Thesis (PSY5973)*  
*Preliminary Exam Preparation (PSY6656)*  
*Psychological Internship (PSY6948)*  
*Dissertation (PSY6980)*  
*Honors Work (PSY4039)*  
*Anxiety Research (PSY4920)*  
*Anxiety Studies (PSY4920)*  
*Research Topics (PSY4920)*  
*Anxiety Research II (PSY4920)*  
*Religion and Anxiety (PSY4912)*  
*OCD Studies (PSY4914)*  
*Anxiety Interpersonal Factors (PSY5908)*  
*Directed Individual Studies (PSY5908)*  
*ADHD and SAD (PSY5908)*  
*Social Anxiety and Hostility (PSY5908)*  
*Anxiety Treatment and Theory (PSY5908)*  
*Anxiety in the DSM-IV (PSY5908)*  
*Anxiety Disorder Inv (PSY5908)*  
*Interpersonal Theory (PSY5908)*  
*Diversity Issues (PSY5908)*  
*Supervised Research (PSY5917)*  
*Diversity: Clinical Psychology (CLP5189)*

### **Clinical Practice**

*Anxiety and Behavioral Health Clinic (ABHC)*, FSU, the staff at ABHC provides assessment and treatment services on an outpatient basis to individuals suffering from anxiety and anxiety-related issues. Since the ABHC was founded at FSU, we have evaluated and provided service to hundreds of individuals in the Tallahassee area and surrounding communities (2003-present)

*Anxiety and Stress Disorders Clinic (ASDC)*, OSU, the staff at ASDC provided assessment and treatment services on an outpatient basis to individuals suffering from anxiety and anxiety-related issues. I am proud that this clinic, which I founded in 1999, continues to provide state-of-the-art empirically supported treatment to individual's suffering from anxiety psychopathology (1999-2003)

### **Supervision of Clinical Practice**

*Anxiety and Behavioral Health Clinic (ABHC)*, FSU, outpatient services (2003-present)  
*Psychology Clinic*, FSU, outpatient services (2003-present)

*Anxiety and Stress Disorders Clinic (ASDC)*, OSU, outpatient services (1999-2003)  
*Psychology Clinic*, OSU, outpatient services (1999-2003)  
*Department of Psychiatry*, National Naval Medical Center, outpatient services (1995-1998)  
*Psychology Clinic*, Malcolm Grow Medical Center, Andrews Air Force Base (1995)  
*Psychology Department*, University of Texas at Austin (1991-1994)

### **Chair of Doctoral Dissertation Supervisory Committees**

J. Trakowski. (1996). Effects of Attentional Focus on Emotional Responding to a Biological Challenge in Panic Disorder (USUHS)

H. Santiago. (1999). Cardiovascular Reactivity and Heart Rate Variability in Panic Disorder (USUHS)

D. Lerew. (1999). Anxiety Sensitivity and Psychological Vulnerability (USUHS)

M. Kiselka. (2000). Effects of CBT on Sea Sickness in a Military Sample (USUHS)

K. Woolaway-Bickel. (2004). An Empirical Test of CALM for PD: A Computer-administered Learning Module for Panic Disorder (OSU)

K. Fitzpatrick. (2004). Problem-solving and suicidal ideation: Efficacy of a brief preventative intervention (OSU)

J. Richey. (2007). Effortful Control of Panic-Related Sensations During a 35% CO<sub>2</sub> Challenge (FSU)

J. Buckner. (2008). A Randomized Pilot Study of Motivation Enhancement Therapy to Increase Treatment-Seeking for Cognitive-Behavioral Therapy for Social Anxiety (FSU)

K. Timpano. (2009). The Association between self-control and hoarding symptoms (FSU)

A. Funk. (2010). The Effect of Homework Compliance on Smoking Cessation and Anxiety Management (FSU)

M. Keough. (2011). Refinement and Examination of a Brief Anxiety Sensitivity Focused Intervention (FSU)

C. Riccardi. (2012). A Randomized Pilot Study of a Brief Transdiagnostic Treatment for Anxiety Disorders (FSU)

M. Mallott. (2012). Fighting negative evaluation: Investigating the unexpected presence of aggressive behavior in social anxiety (FSU)

R. Hunter. (2014). The influence of ethnic identity on anxiety symptoms (FSU)

M. Mitchell. (2015). Evaluation of the role of post event processing in the maintenance of social anxiety disorder. (FSU)

K. Korte. (2015). Transdiagnostic preventative intervention for subclinical anxiety: Development and initial validation. (FSU)

D. Capron. (2015). Development and evaluation of a novel computer-delivered anxiety sensitivity intervention. (FSU)

A. Medley-Raines. (2015). Randomized controlled trial examining a brief anxiety sensitivity cognitive concerns intervention for obsessive compulsive symptoms (FSU)

A. Norr. (2017). Amelioration of Anxiety Sensitivity Cognitive Concerns: Exposure to Dissociative Symptoms. (FSU)

N. Short. (2019). A Randomized Clinical Trial of Brief Behavioral Treatment for Insomnia to Reduce Substance Use Disorder Risk. (FSU)

M. Oglesby. (2019). Randomized control trial examining the efficacy of an IU-focused psychoeducation intervention. (FSU)

J. Boffa. (2020). Development of a Novel Intervention for Intrusive Suicidal Thoughts Informed by Cognitive Behavioral Models of Anxiety. (FSU)

B. Albanese. (2020). Testing a novel physiological marker of PTSD liability: An event-related potential study. (FSU)

B. Mathes. (2021). The Development and Evaluation of an Online Intervention for Hostility in Individuals at Risk for Alcohol Use Disorder. (FSU)

K. Wisseman. (2023). Intergenerational Perfectionism: Mechanisms and Treatment (FSU)

**PhD Student Academic Placements (selected)**

Professor (Dept of Psychology) LSU; Professor (Dept of Psychology) University of Miami; Associate Professor (Dept of Psychology) Virginia Tech; Assistant Professor (Dept of Psychiatry) Harvard; Assistant Professor (Dept of Psychology) Texas A&M University; Assistant Professor (Dept of Psychology) LSU; Assistant Professor (Dept of Psychology) UNLV; Assistant Professor (Dept of Psychiatry) University of Washington;

**Member of Doctoral Dissertation Supervisory Committees (n = 52)**

**Chair of Master's Thesis Supervisory Committee**

J. Miller, (1996). Content specificity in imaginal exposure: Evaluation of subjective and physiological responding in patients with panic disorder (USUHS)

D. Lerew, (1996). The effects of anxiety sensitivity and reduced feedback on cycle ergometry testing (USUHS)

M. Koselka, (1997). Psychophysiological aftereffects and memory bias in patients with panic disorder (USUHS)

M. Bates, (2000). The pathoplasty relationship between anxiety sensitivity and panic disorder (USUHS)

K. Woolaway-Bickel, (2001). Evaluating a cognitive mediation hypothesis for symptom change in panic disorder: Disentangling symptom-focused catastrophizing and symptom-focused fear (OSU)

M. Black, (2001). Evaluating links between racism and suicide in the African-American community: A path analytic approach (OSU)

K. Fitzpatrick, (2002). Suicidal ideation and coping skills (OSU)

J. Preston, (2003). Computer therapy vs bibliotherapy: Evaluating knowledge acquisition and treatment outcome (OSU)

M. Eggelston, (2003). Longitudinal evaluation of social anxiety, and alcohol expectancies predicting alcohol problems (OSU)

J. A. Richey, (2004). The latent structure of child depression: A taxometric analysis (FSU)

K.R. Cromer, (2005). A pathoplastic vulnerability model: A potential association between traumatic stressful life events and OCD (FSU)

J.D. Smith, (2005). Social anxiety and selective attention: A test of the vigilance-avoidance model (FSU)

M. Keough, (2007). Ataques de nervios: Culturally bound and distinct from panic attacks (FSU)

M. Mallott, (2008). The role of self-verification in explaining rejection-related behavior in social anxiety (FSU)

R. Hunter, (2008). Panic symptoms and anxiety sensitivity in African Americans (FSU)

C. Riccardi, (2009). The role of loneliness in the relationship between social anxiety and substance use (FSU)

M. Mitchell, (2010). Consequences of upward social comparisons in social anxiety (FSU)

D. Capron, (2010). Positive and negative appraisals of drinking (FSU)

A. Medley, (2013). Evaluating the Effects of Clutter on Information Processing Deficits in Hoarding Prone Individuals (FSU)

K. Korte, (2013). Use of motivation enhancement therapy to increase motivation for intervention utilization in a high-risk of developing anxiety psychopathology (FSU)

A. Norr, (2014). Dissociation and anxiety sensitivity cognitive concerns: A novel challenge paradigm. (FSU)

B. Albanese, (2015). Traumatic Brain Injury: Associations with Fear Conditioning and Extinction Aberrations. (FSU)

M. Oglesby, (2016). Examination of an interpretation bias modification for intolerance of uncertain. (FSU)

N. Short, (2016). Sleep Disturbances, Emotion Dysregulation, and Posttraumatic Stress: An Ecological Momentary Assessment Study. (FSU)

J. Boffa (2017). Evaluating an Experimental Manipulation of Anxiety Sensitivity in the Development of Post-traumatic Stress Symptoms. (FSU)

B. Mathes, (2017). An Empirical Investigation of Social Exclusion, Attachment to Possessions, and Saving Behaviors. (FSU)

K. Wisseman, (2020). Investigating Lasting Changes in Perfectionism and Error-Related Brain Activity: A Randomized Controlled Trial. (FSU)

D. Morabito, (2022). Development and Evaluation of a Tonic Immobility Focused Psychoeducational Intervention. (FSU)

J. Thompson, (2022). Do threats to Masculinity predict Increased Firearm-Related Aggression in Men? (FSU)

C. Bedford, (2022). Development and evaluation of a novel safety behavior elimination intervention for symptoms of posttraumatic stress.

**Member of Master's Thesis Supervisory Committees (FSU) (N = 24)**

**Chair of Bachelor's Honors Thesis Supervisory Committees (N = 19)**

### **Community Outreach and Service**

*Anxiety and Behavioral Health Clinic (ABHC)*, FSU, my clinic provides assessment and treatment services on an outpatient basis to individuals suffering from anxiety and anxiety-related issues including smoking. Since the ABHC was founded at FSU, we have evaluated and provided service to hundreds of individuals in the Tallahassee area and surrounding communities. In many instances, services are free or are provided on a sliding fee scale (2003-present)

*Anxiety and Stress Disorders Clinic (ASDC)*, OSU, the staff at ASDC provided assessment and treatment services on an outpatient basis to individuals suffering from anxiety and anxiety-related issues. I am proud that this clinic, which I founded in 1999, continues to provide state-of-the-art empirically supported treatment to individual's suffering from anxiety psychopathology. In many instances, services are free or are provided on a sliding fee scale (1999-2003)