

MINDING YOUR HEALTH

UNIVERSITY OF CENTRAL FLORIDA
Anxiety Disorders Clinic
Department of Psychology

TUESDAY NIGHT LECTURE SERIES

March 27th:

ALLERGIC TO PEOPLE: SHYNESS & SOCIAL PHOBIA

April 24th:

POST TRAUMATIC STRESS DISORDER:
What It Is and What To Do About It

May 22nd:

USING VIRTUAL REALITY TO TREAT REAL TRAUMA
AND FEARS

Presented by
Deborah C. Beidel, Ph.D., ABPP
Professor & Director / UCF Anxiety Disorders Clinic

7:00-8:00pm
Room 106, Psychology Building

Support Group for Veterans and their Families

*will be held monthly beginning April 24th,
following the lecture from 8:00-9:00pm.
For more information, call 407-823-1668.*