

UCF BIKE WEEK



UCF SU

UCF RECREATION AND WELLNESS CENTER

MONDAY (MARCH 2)

BICYCLE FLASH MOB

11:20am starts
in front of RWC

ROAD CYCLING AND SAFETY PRESENTATION (PART 1)

11:45am at
SU South Patio

OUTDOOR SPIN CLASS

4:15pm Leisure
Green by RWC

TUESDAY (MARCH 3)

SGA BIKE SHARE DAY

at rental locations

MOUNTAIN BIKE PRESENTATION

4pm at Lake Claire

HOW TO TRY TRIATHLON

7am in the RWC
Multipurpose Room

WEDNESDAY (MARCH 4)

BIKE TO UCF

#UCFRideAlong

LAKE CLAIRE TRAIL RIDE

4pm at Lake Claire

RWC CARDIO BIKE CHALLENGE

Building Hours

THURSDAY (MARCH 5)

ROAD CYCLING AND SAFETY PRESENTATION (PART 2)

12:30pm at SU 222

BIKE SHOW

10AM-3PM
at SU South Patio

FOR MORE INFO PLEASE VISIT:



studentunion.ucf.edu/bike-week